

Natural hair loss treatment Solutions

Most men that are losing their hair suffer from male pattern baldness; the scientific name for this type of hair loss is androgenic alopecia. If you suffer from this medical condition then you will notice that the hair on top of your head will start to get thinner.

The thinning process can actually take a number of years until you start noticing bald patches. Hair will normally be lost in a certain pattern, which is why it is called male pattern baldness.

There are however a number of different causes of hair loss which can affect all types of different people. Medical studies have shown that the most common reason for male hair loss is because of high levels of DHT. DHT is an androgenic hormone which is involved in the development of male sex organs. However too high a level of this hormone can result in hair follicles being attacked. This will thin your hair until it falls out. Some people have suggested that hair loss is a hereditary condition, and until recently that was thought to be the case, however recently people are starting to doubt that somewhat.

One of the most popular treatments until recently were prescription drugs like Propecia (Generic name Finasteride) and Minoxidil. However after some studies it was discovered that these drugs don't work for everyone concerned. They also have some pretty worrying side effects which put many people off using them. They can include gynecomastia, and erectile dysfunction. These chemicals can certainly help some patients, however many people decided that the potential risks outweighed the benefits.

There is however a much more natural solution to treating your hair loss problem. There are many natural treatments available which will not only help you to prevent hair loss, but they will also help you to re-grow any lost hair. It's possible to find natural baldness cures which will work as well, if not better than prescription medications.

What's more important is that these natural products do not have the same side effects as many of the synthetic drugs. Some of these natural products are even capable of giving permanent or long lasting results. This is never possible with prescription drugs, the drug must be taken continuously.

These natural products may not have FDA approval; however they have been used for thousands of years by people from all walks of life! There are even ancient Chinese treatments which work wonders. Surely this proves how useful they can be and why you should use them.

If you are considering using natural treatments then you should still talk to your doctor if you are currently taking any other forms of medication as although they do not have side effects they can cause problems with your medications.

About the Author

Anita Johnston is an expert in the field of [the best hair loss product](#) , [hair loss prevention](#) and [info about hair loss shampoos](#) due to many hours of research. You can learn more about [hair loss remedies](#) and hair transplant advice by visiting [HelloHair.org](#)

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